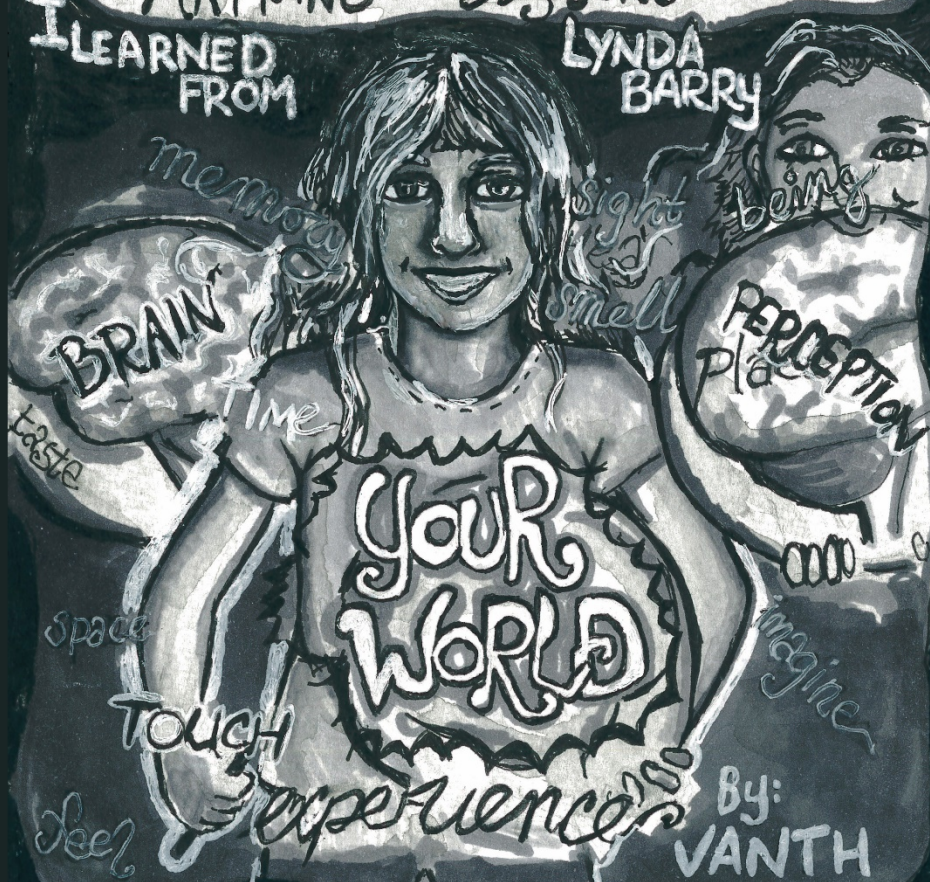


MAPPING

IS FOR **EVERYONE!**
PERSONAL & IMAGINATIVE
MAPPING LESSONS

I LEARNED
FROM

LYNDA
BARRY



By:
VANTH

HELLO! IF YOU'RE READING THIS
ZINE, YOU PROBABLY LIKE **MAPS!**
(AND ART)

DID YOU EVER LOOK AT A MAP
AND WONDER

HOW DID THEY DO THAT?



**DID YOU
EVER THINK**

I COULD
NEVER DO
THAT!

I DON'T
HAVE AN
ARTISTIC
BONE IN
MY BODY

I CAN'T DRAW A
STRAIGHT LINE
MY STICK FIGURES
ARE UNRECOGNIZABLE
**PLUS TECHNOLOGY
HATES ME**

OR IN THE WORDS OF INIMITABLE
SO I CAN TALK TO PRINTER
WHY CAN'T YOU TALK TO
PRINTER?
-EDDIE IZZARD

I'M HERE
TO SAY

GUESS
WHAT?

You

CAN

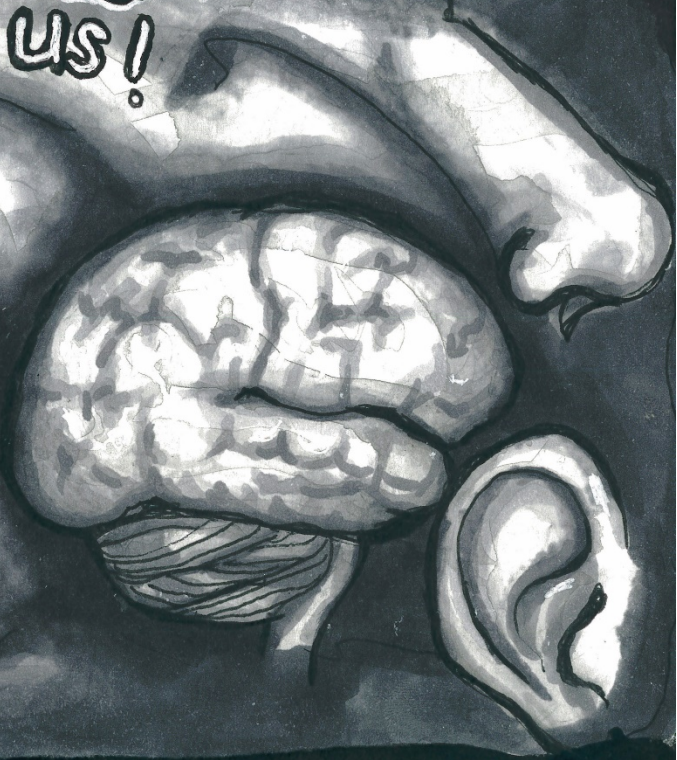
DO IT!

YES, YOU!

MAPS! COMICS! ART!

ART AND MAPPING ARE LANGUAGES

AVAILABLE TO ALL OF US!



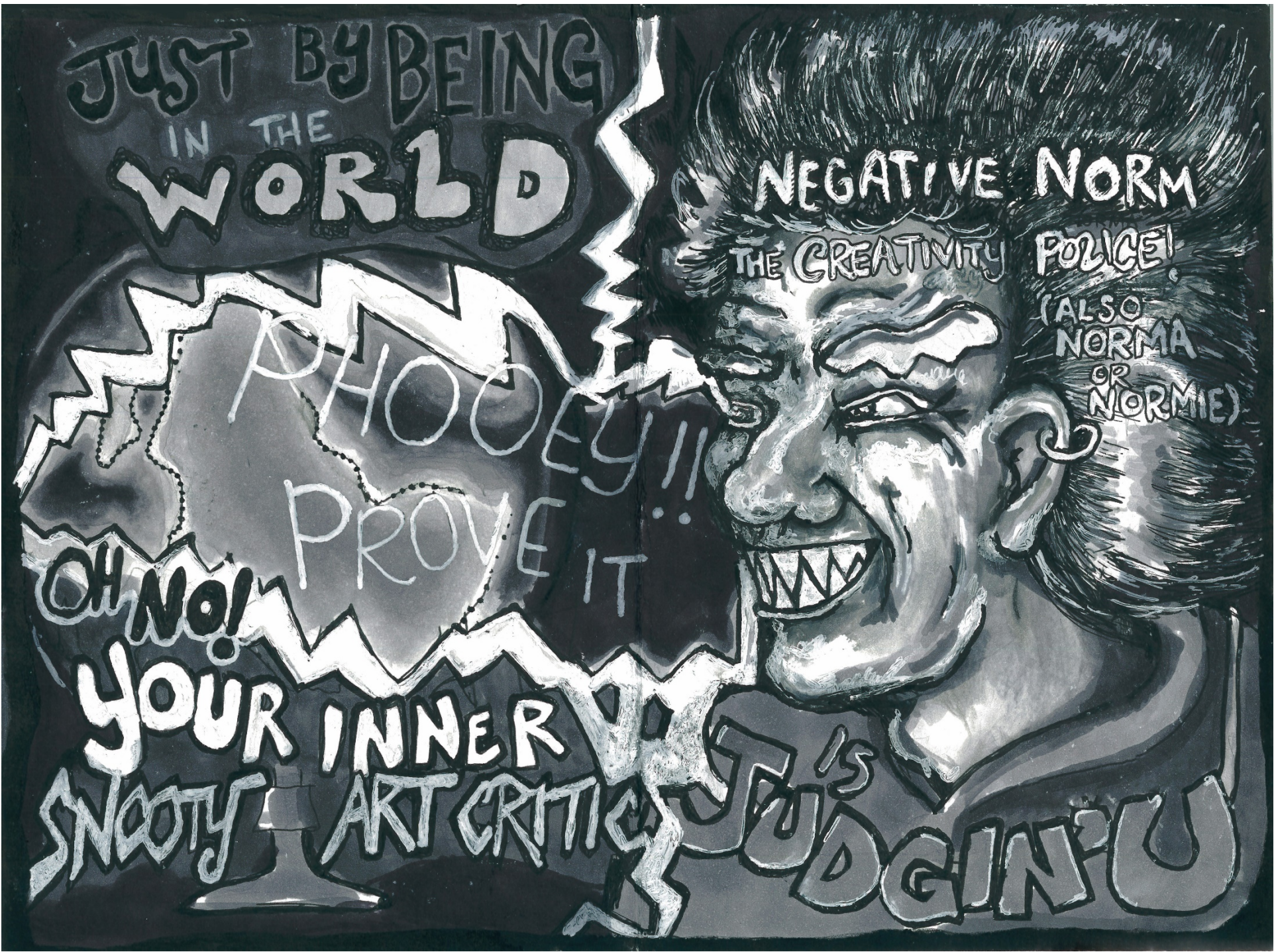
JUST BY BEING
IN THE
WORLD

NEGATIVE NORM
THE CREATIVITY POLICE!
(ALSO NORMA
OR NORMIE)

PHOOEY!!
PROVE IT

OH NO!
YOUR INNER
SNOOTY ART CRITIC

IT'S
JUDGIN' U



DON'T WORRY!
I'LL SHOW YOU WITH SOME
HELP FROM
LYNDA BARRY! (AKA THE
NEARSIGHTED
MONKEY)



OK YOU
LITTLE
BADASSES



LET'S
DO
THIS!

ALSO
INTERDISCIPLINARY
PROFESSOR OF
CREATIVITY AT UW - MADISON!

MAPS CAN BE ABOUT
— ANYTHING
THE COMMON GEOGRAPHY IS
you!



ANESTHESIS
THE PERCEPTION OF
THE EXTERNAL
WORLD WITH THE
SENSES.
OXFORD ENGLISH
DICTIONARY

everything
you need is in your
sense memory



YOU AND
ME
START WITH
A
MEDITATION

THE SPIRAL MEDITATION

YOU NEED:
PEN
PAPER
20 MINUTES

RELAX! & ☯
LISTEN TO ME READ.

(OR GET SOMEONE TO READ TO YOU)

WHILE YOU LISTEN,
DRAW A SPIRAL

GO SLOWLY

DON'T LET THE EDGES TOUCH!

START WITH A DOT AND SPIRAL A LINE AS TIGHTLY AS YOU CAN. DO NOT LET THE EDGES TOUCH TOGETHER.

OR YOU'LL GET ZAPPED!

PUT ALL OF YOUR ATTENTION

ON THE TIP-TOP OF YOUR HEAD
THEN MOVE IT TO THE CENTER OF YOUR FOREHEAD
THEN THE BRIDGE OF YOUR NOSE, YOUR NOSTRILS, YOUR UPPER LIP, YOUR JAW
THEN THE BACK OF YOUR SKULL, THE NAPE OF YOUR NECK, YOUR THROAT.
THEN YOUR SHOULDERS, COLLAR BONE, STERNUM, SHOULDER BLADES, RIB CAGE.
ALL THE WAY DOWN YOUR SPINE TO THE BASE OF YOUR SPINE.
HOLD IT THERE.

NOW YOUR BELLY, YOUR HIPS, YOUR THIGHS, KNEES, BACKS OF YOUR KNEES
YOUR SHINS, CALVES, ANKLES, FEET, THE SOLES OF YOUR FEET, YOUR TOES
NOW YOUR UPPER ARMS, FOREARMS, YOUR WRISTS, YOUR PALMS, YOUR FINGERS...

I'M READING A POEM -
RUMI'S "THE DIVER'S CLOTHES"
LYING EMPTY ON THE BEACH

* THE SPIRAL MEDITATION AND X PAGE ARE FROM "SYLLABUS" PGS. 77-81 AND USED WITH LOVE & PERMISSION



① NOW DRAW A BIG X ON YOUR PAGE!

THE NEAR-SIGHTED MONKEY



ALSO, PAPER WANTS TO BE USED

WORDS OF WISDOM

YOU MESSED UP THE PAGE, SO NO NEED TO WORRY ABOUT MESSING UP ANYMORE!



PUT WHAT YOU WANT TO MAP IN A WORD. I'M MAPPING

HALLOWEEN!

② PICTURE YOURSELF ON HALLOWEEN



YOU HAVE 2 MINUTES TO LIST 10 MEMORIES



I WILL ASK YOU SOME QUESTIONS TO HELP YOU MAKE FIRST CONTACT WITH YOUR MAPI!

3 WRITE
YOUR ANSWERS
ON YOUR
PAGE
ANYWHERE YOU
LIKE

THERE ARE NO
WRONG ANSWERS!
NO DETAIL IS TOO
SMALL OR
UNIMPORTANT



- WHERE ARE YOU?
- WHAT TIME OF THE DAY OR NIGHT DOES IT SEEM TO BE?
- WHAT SEASON IS IT?
- WHERE IS THE LIGHT COMING FROM?
- WHAT KIND OF LIGHT IS IT?
- WHAT'S THE TEMPERATURE LIKE?
- WHAT DOES THE AIR SMELL LIKE?
- WHAT ARE YOU DOING?
- WHY ARE YOU THERE?
- IS THERE ANYONE ELSE HERE?
- WHAT ARE THEY DOING?
- WHAT ARE SOME OF THE SOUNDS YOU CAN HEAR?
- WHAT ARE SOME OF THE THINGS YOU CAN SEE?

- WHAT'S DIRECTLY IN FRONT OF YOU?
- IF YOU TURN YOUR HEAD TO THE LEFT, WHAT DO YOU SEE?
- IF YOU TURN YOUR HEAD TO THE RIGHT, WHAT'S THERE?
- WHAT'S BEHIND YOU?
- WHAT'S BELOW AND AROUND YOUR FEET?
- WHAT'S ABOVE YOUR HEAD?

WHEN YOU ARE READY,
DRAW THIS MAP!
DRAW FOR 8 MINUTES
WITHOUT STOPPING! IF YOU
GET STUCK, USE WORDS
OR WRITE THE ALPHABET
A • B • C • D • E • F • G •



LET YOUR
PENCIL BE YOUR
GUIDE

YOUR MAPS ARE WITHIN YOU!



TRY THIS
ACTIVITY
WITH PEOPLE
OF ALL AGES,
& ESPECIALLY

KIDS!



YOU'VE
GOT
THIS!

YOU CAN USE THE X-PAGE
& SPIRAL MEDITATION TO
WRITE STORIES, AS WELL!



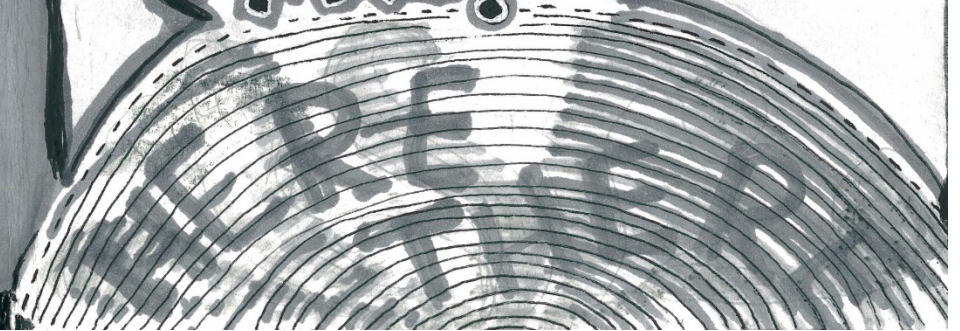
MAPS HELP US
TELL OUR
STORIES AND
IMAGINE NEW
WORLDS!

THESE TECHNIQUES
WERE DEVELOPED
BY LYNDA BARRY FOR
STORYTELLING!
WHAT WORLDS
WILL YOU
IMAGINE?

R E M E M B E R!
THERE IS **NO**
'RIGHT' MAP.

THIS IS YOUR MAP
of YOUR WORLD.

THE MOST OBJECTIVE
MAP OF YOUR
WORLD IS THE
MAP YOU
MAKE!



WANT TO LEARN MORE?

MAKING COMICS LYNDA BARRY
SYLLABUS
WHAT IT IS

CARTOONING IVAN BRUNETTI

WHATCHA MEAN,
WHAT'S A ZINE? MARK TODD &
ESTHER PEARL
WATSON

UNDERSTANDING
COMICS: THE
INVISIBLE ART SCOTT MCCLLOUD

MAKING COMICS
REINVENTING COMICS

"WHERE" IS INSIDE
OF YOU. WHAT WILL
YOU FIND?

SPACE

PLACE

MEMORY
feel

HAPPY
MAPPING!

BRAIN

SMELL

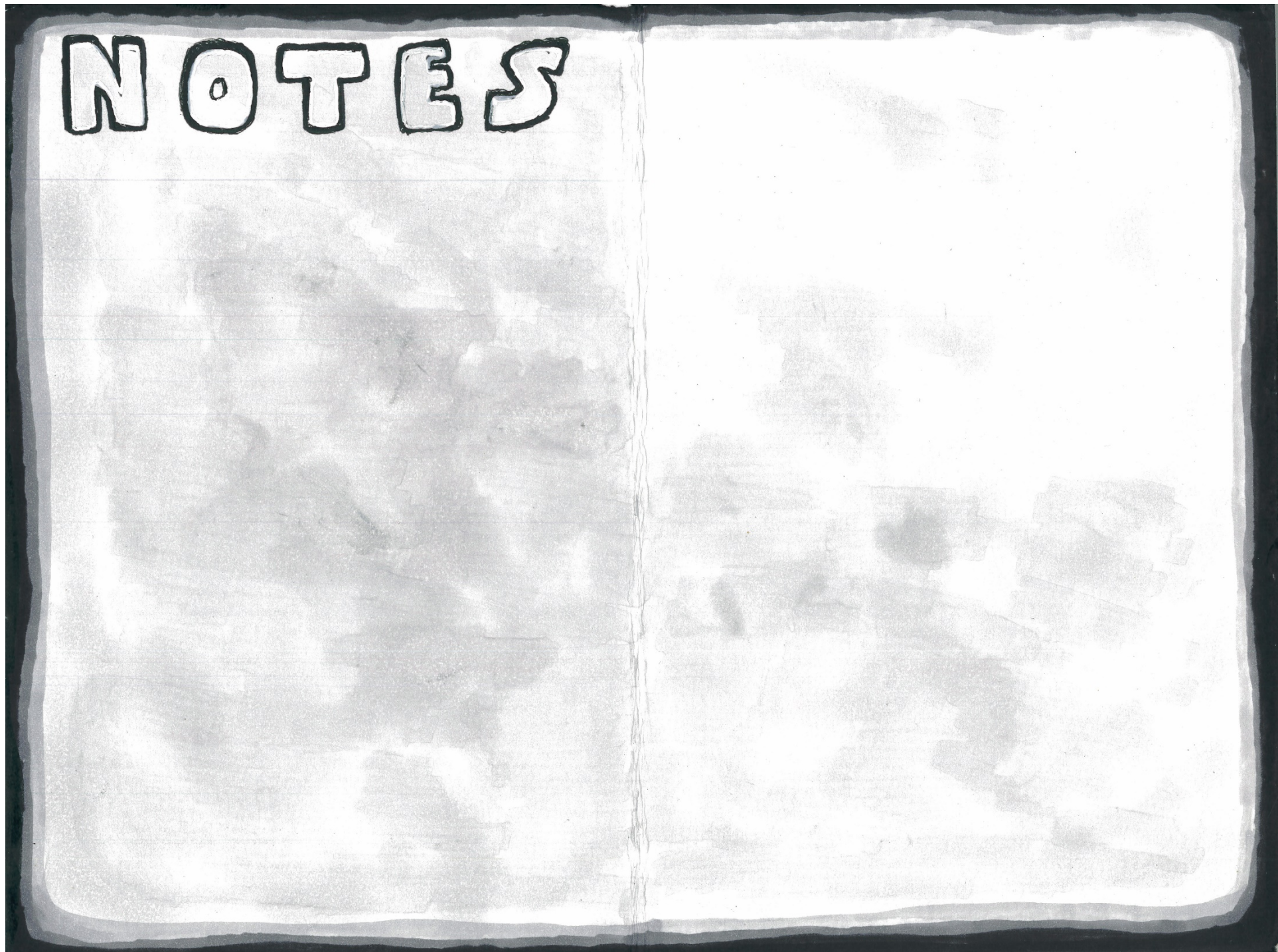
SIGHT

TASTE

TIME

TOUCH

NOTES



Where
ARE
YOU
GO?